

East London Lynx Sitting Volleyball Club

TRAINING SESSIONS

**6PM-9PM ON 2ND AND 4TH
WEDNESDAY**

DAY OF EVERY MONTH

VENUE

**MILE END PARK
LEISURE CENTRE,
190 BURDETT ROAD
LONDON**

E3

**Tube: Mile End
DLR: Limehouse**

**For Information on the training
sessions visit
www.volleyfirst.com
Contact: gary@volleyfirst.co.uk
Or Call Robbie
on 07984 426411**

